

At YMCA MK, we are passionate about delivering the support and care that our residents deserve. Part of this is ensuring that they have access to healthy, balanced meals. We

are seeking dedicated volunteers to cook with small groups of our young people to

enhance their independent living skills.

Volunteer Qualities:

Do you have an interest in communal cooking/food preparation?

Are you friendly and approachable?

Are you able to think creatively, preparing a variety of meals?

What we expect from you:

- To have a L2 qualification in food hygiene or be willing to obtain one through YMCA MK.
- We need volunteers who can uphold professional boundaries at all times.

What you can expect from us:

- The opportunity to be a part of a supportive and friendly team.
- An induction training course, covering the practices used by the YMCA MK when working with young people.
- Ongoing training tailored to your skill set.
- The opportunity to move into other volunteer roles and potentially paid work.

Duties and Responsibilities:

- Produce a healthy, balanced meal with a group of residents from a food larder of ingredients.
- Maintain a clean and sanitary workspace during preparation and after the meal is complete

- Ensure that food is prepared adhering to food safety procedures, making sure that the food is the correct temperature throughout.
- Help residents to gain independent living skills.
- Support residents to make a set of recipe cards so they can continue to recreate their favourite dishes.

You must be 18 or over to apply for this role.



FAMILY & YOUTH WORK

Here for young people Here for communities Here for you YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

HEALTH & WELLBEING HOUSING TRAINING & EDUCATION SUPPORT & ADVICE